Sports Medical Practitioner

Dr. Gapolla has a doctorate in medicine, specialized in Sports Medicine and has a MASTER in Business Administration Leadership and Innovation (MBA).

Since 2018, he works at the Ministry of Youth and Sports.

Today he is the director network of rehabilitation specialist providing home based rehabilitation to bedridden patients



DR GOPALLA NAIKEN



Physiotherapist / Senior Physiotherapist

Miss Ramdin obtained her Bachelor in Science (Physiotherap) from University of Cape Town and her Diploma Course in Sports Physical Therapies'- International Olympic Committee in Lausanne, Switzerland. During her time at Handicap International in Mauritius she worked with Physically handicapped children in underprivileged areas and conducted Seminars with helpers and parents for proper handling of Children with disability.



Today, she is a Physiotherapist /Senior Physiotherapist-in-charge since 2016 at Dr Bruno Cheong Hospital.

MISS RAMDIN



DIRECTEUR GENERAL City Sport Maurice Ltd

Formations

- Formateur et animateur en techniques de ventes (Cabinet yc consulting)
- Gestion des ressources humaines (Cabinet YC consulting)

Spécialisations

- Federer les collaborateurs autour de la culture d'entreprise.



- Dépassement de soi pour atteindre ses objectifs.
- Culture du travail d'équipe.
- Réorganisation de l'entreprise
- Gestion base sur la réduction des charges et l'augmentation du CA et marge.





1. When to call for help and when to refer? Signs & symptoms to look out for the coach

Friday 3rd September Conference Room #1 2:15pm to 3:45pm

Whether you're an elite athlete or a weekend warrior, or a coach looking after an athlete, if you play sports, you've probably faced an injury at some point. Common sports injuries include sprains, strains, swollen muscles, shin splints, rotator cuff injuries, knee injuries, fractures, and dislocations.



Some sports problems are acute injuries, the result of a sudden event that causes very noticeable symptoms. Others are chronic, overuse conditions that may have more subtle signs, either at first or consistently over time. Here, we shall discuss common signs & symptoms, which should raise a flag and signal you to get medical attention.

2.Le sport d'équipe comme modèle dans lúnivers du travail et son rôle social

Friday 3rd September Conference Room #1 2:15pm to 3:45pm

- 1.Introduction Le sport collectif / l'individu au service du collectif
- 2. Notion de groupe pour servir la performance en entreprise
- 3.Apprendre à gérer les individualités pour obtenir le meilleur groupe
- 4.Rôle social du sport et son implication en entreprise
- 5. Vidéo.

