

Island Swim School Director

Island Swim School is run and managed by Jolene Mueller. A mother of two that has been residing in Mauritius for 11 years.

Specializing in the learn to swim space, Jolene has developed techniques and skills that have enabled her to become a forerunner in her field and achieve great successes within her team and her students.

Jolene is dedicated to teaching and promoting water safety from as early as possible, to allow the very basic fundamentals of a child's relationship with water to be that of favorable memories with safety and comfort ability at its frontline.



JOLENE MUELLER



Learn to Swim, Pool safety and rescue

Saturday 4th September
Conference Room #3
3:45pm to 5:45pm

- We will be discussing Baby and Toddler Swimming, the value and importance thereof as well as the most successful tips and tricks that we have perfected.
- We will be sharing with you some of our fundamental practices with our Young Beginners as well as positives and negatives and how to overcome some of the most common fears.
- In the Stroke School, Stroke Correction and Endurance section we highlight the importance of body positioning, competitive training tips , including open water and pool advise to better your times and competitive positioning.
- We also touch on the therapeutic values of our Prenatal Water Therapy and Aquatic Rehabilitation classes.
- Lastly ensuring that we cover throughout the most crucial pointers on Water Rescue and Safety Skills .



MORE ON:



Island Swim School is a purpose built, learn to swim facility.

Our business is in Bambous Industrial. We chose this location to be as central as possible to allow ease of access to the majority of our students. Our pool is a custom-built, indoor and heated, learn to swim training institution. We teach babies with their mummies from as young as 6 months old, right through to our adult beginner's. Our focus is to learn through play, we have a very gentle approach and aim to establish water enjoyment, safety and comfort ability from a very young age.



Our team are all Internationally certified Swim instructor's, with a love for teaching. Our facility ensures our staff undergo constant extended training and up skilling to ensure our service delivery is the best for our little students. All members on site are Fully First Aid trained and vaccinated.